

Patient Preparation	
Urine	Saliva
<ol style="list-style-type: none"> <li>1. Patients should wash and dry hands prior to urine collection</li> <li>2. Patients should avoid consuming excessive amounts of water or other liquids for at least 2 hours before urine collection.</li> </ol>	<ol style="list-style-type: none"> <li>1. Patients should avoid food for at least one hour before saliva collection.</li> <li>2. Patients should avoid brushing or flossing teeth at least 30 minutes before saliva collection.</li> <li>3. Patients should wash hands with soap and water and rinse mouth with water to remove food or other residue at least 10 minutes before saliva collection.</li> </ol>
Specimen Collection	
Urine	Saliva
<ol style="list-style-type: none"> <li>1. Specimens should be collected in a clean, trace element-free, or acid-washed polypropylene container with a plastic lid.</li> <li>2. Exposure of specimens to direct sunlight or warm surfaces should be avoided.</li> <li>3. A minimum of 3mL of retrievable material is required for urine specimens.</li> <li>4. The specimen lid should be labeled and sealed with a tamper proof strip.</li> </ol>	<ol style="list-style-type: none"> <li>1. WSL prefers that saliva specimens be collected in Salimetrics' SalivaBio device or products with the same characteristics.</li> <li>2. A minimum of 1mL of retrievable material is required for saliva specimens.</li> <li>3. The specimen lid should be labeled and sealed with a tamper evident strip.</li> </ol>
Labeling and Documentation	
<ol style="list-style-type: none"> <li>1. Each specimen must be labeled with at least two unique identifiers that match accompanying documentation.</li> <li>2. Each specimen must be accompanied by documentation that: a) maintains legal chain of custody; b) provides clear indication of what testing services should be provided by WSL; c) provides two (2) separate identifiers; and d) provides the time and date of collection along with an identifier of the person collecting the specimen. WSL's Chain of Custody (COC) form or WSL's Specimen Submission Form (SSF) are examples of appropriate documentation.</li> <li>3. All information on documentation accompanying specimens should be completed by client and be legible. Missing or illegible information may result in delayed or cancelled testing.</li> <li>4. In the event a WSL form is used to submit samples, a unique Specimen ID barcode label is provided and is located at the bottom of the form. This label matches the Specimen ID at the top of the form. The donor's initials and collection date should be completed on the label. The label should then be attached to the specimen.</li> </ol>	
Storage	
<ol style="list-style-type: none"> <li>1. Specimens should be stored refrigerated if shipped within 5 days of collection. WSL encourages all clients to ship specimens as soon as possible after collection to ensure the highest quality results.</li> <li>2. Specimens stored longer than 5 days prior to shipping should be stored frozen.</li> </ol>	
Transportation	
<ol style="list-style-type: none"> <li>1. All specimens should be shipped at priority speed immediately after being removed from storage.</li> <li>2. Specimens and their accompanying documentation, should be placed in an appropriate human specimen bio-bag – one specimen per bag. Specimens should be placed within the interior pouch with documentation in the exterior pouch.</li> <li>3. If sending 5-10 specimens at one time, the specimens should be placed in a closed rigid box. The box should then be placed in a clinical shipping pak.</li> <li>4. If sending more than 10 specimens at one time specimens they should be placed in a clinical shipping pak. The pak should then be placed in a rigid box.</li> <li>5. All shipping containers should be marked as, "fragile, special transport, etc."</li> <li>6. Specimens may be sent ambient, refrigerated (w/cold packs), or frozen ( w/ dried ice). All specimens should reach WSL within three (3) days of shipping.</li> </ol>	
Rejection Criteria	
The following specimens will be flagged and testing delayed until further clarification is received from the client.	The following specimens will be flagged as "No Sample" and will not be tested:
<ol style="list-style-type: none"> <li>1. No collection date on accompanying paperwork</li> <li>2. Test type or specimen type indicated is unclear or missing.</li> <li>3. Specimen collection date is longer than two weeks past.</li> </ol>	<ol style="list-style-type: none"> <li>1. Specimen container is cracked or broken, causing leakage.</li> <li>2. Specimen container or specimen shows mold or bacteria growth.</li> <li>3. Specimen identification, specimen container and/or accompanying paperwork do not match.</li> </ol>